

Tau Center
Spring 2018

Contemplative Arts Open Studio

Thursdays, 1:00-3:30pm • Feb 22, Mar 22 & Apr 26



Explore your spiritual creativity in a warm and nurturing environment during this open studio.

Work individually surrounded by similar-minded individuals as you explore your intuitive nature through art using any area you feel drawn to, whether it be painting, collage, drawing, mandalas, mixed media, etc.

There is no instruction provided during these sessions, but rather we create a safe place of silence and presence for ourselves and each other. We will utilize 'open studio process' which encourages the setting of an intention, art making, and witness journaling. Each session will begin with a guided meditation with time for two hours of creative work. Basic art supplies and journals are provided, but you are encouraged to bring anything from home as well.



\$20 Early Registration one week prior to class

(\$25/session registration less than seven days prior to class)

About the facilitator...

Sharon Devo is on staff at Tau Center as Program Specialist, Retreat Leader and Program Facilitator. With a nearly 30 year meditation practice, rooted in desert spirituality and eastern traditions, she creates space in her life for solitude and silence daily. In addition to meditation, Sharon relies on extended time in nature, yin yoga and creative work in her home studio, as the foundation for ongoing spiritual exploration and life balance. Training as a Co-Active Coach, SoulCollage® and Open Studio Process facilitator, she completed the Spiritual Deepening for Global Transformation Certificate at Christine Center in 2010.

PROGRAM
FACILITATORS



Sharon Devo