

## Lent: Slowing to the Pace of NOW

Thursday, March 8, 10:00am-Noon or 7:00-9:00pm



**Ralph Waldo Emerson said, “Nature’s secret is patience.” He and other poets and prophets invite us to live slowly – to breathe in and out with consciousness and intention.**

During Lenten season, this session will help facilitate some reflections and spiritual practices on gentling our pace to that of nature. Each session will provide meditation time to ponder being present to the wisdom of the spiritual season and end with communal sharing and blessings. So, gift yourself a morning or evening session as you move into Lent with intention.



**\$15 • Registration requested by March 5.**

### About the facilitator...

**Georgene L. Wilson** is a Wheaton Franciscan Sister. She holds a Doctor of Ministry degree from the University of St. Mary of the Lake, Mundelein, Illinois. Georgene lives in silence and solitude and offers spiritual presence and services from her home in Wheaton, IL. Her ministry includes animating directed and guided retreats, teaching, preaching, writing, poetry, artwork, and facilitation of theological reflection on a wide range of subjects, all in the wisdom of Franciscan spirituality and presence.

Sr. Georgene is the author of several books, including *Sabbath Bread: For Personal Sacred-Searching and Group Faith-sharing*; *Sipping Wisdom, Savoring Her Passion*; *Book I: Insights from our Everyday Experiences*; *Book II: Insights from the Inner Life*; *Icons of My Soul, Stories and Images from the Inner Silence*; and *Bread and Lace: A Collection of Poems, Watercolors and Photos*.

### PROGRAM FACILITATORS



Sr. Georgene L. Wilson,  
OSF, D.Min.