

Lenten Day of Renewal

Saturday, March 24, 9:00am-3:00pm



As we enter the sacred time of Holy Week, Tau Center invites you to a peaceful retreat day: a time to pause, take a breath and contemplate your life journey and the presence of God.

The day will begin and end with shared group prayer and gentle guidance as we prepare for the day, which will be yours to enjoy in quiet and private contemplation. Possible spiritual activities include private meditation or prayer in the chapel, scripture reflection, creative exploration in the studio or outdoor walking meditation on our Peace Path. Spiritual direction sessions are available, if desired. (Private retreat room and lunch are included.)

 **\$95 Early Registration through March 9.** (After 3/9, registration is \$125.)

About the facilitator...

Sharon Devo is on staff at Tau Center as Program Specialist, Retreat Leader and Program Facilitator. With a nearly 30 year meditation practice, rooted in desert spirituality and eastern traditions, she creates space in her life for solitude and silence daily. In addition to meditation, Sharon relies on extended time in nature, yin yoga and creative work in her home studio, as the foundation for ongoing spiritual exploration and life balance. Training as a Co-Active Coach, SoulCollage® and Open Studio Process facilitator, she completed the Spiritual Deepening for Global Transformation Certificate at Christine Center in 2010.

Sr. Glenna Czachor, OSF, is a Wheaton Franciscan Sister and serves as the Director of Tau Center with more than 25 years experience in group facilitation and retreat leadership, specializing in contemplative prayer and worship, scripture study, and creative spirituality. She holds a Masters of Pastoral Studies from the Catholic Theological Union in Chicago, and is a graduate of the Hesychia School of Spiritual Direction of Tuscon, Arizona. As the Pastoral Associate of St. Gerard Parish in Brooklyn Park, MN, Sr. Glenna directed the RCIA, and adult and young adult faith formation programs. At Tau Center, Sr. Glenna enjoys facilitating small groups and retreats and exploring creative spirituality.

PROGRAM FACILITATORS



Sharon Devo



Sr. Glenna Czachor,
OSF