

Spring Renewal With Essential Oils

Monday, April 23, 7:00-9:00pm



Spring is a time of lightness after a long winter.

The essences of flowers, herbs, and trees can help us transition from the heaviness of winter into the emerging lightness of color, scents and awakening. The essential oils of certain plants can fill our spirits with freshness and renewal as we enter Earth's beauty in her spring wardrobe. Enjoy this time of season as essential oils become nature's love in a bottle.



\$25 • Registration requested by April 16.

About the facilitator...

Therese Yonikus is a licensed Massage Therapist as well as a clinical aromatherapist and loves sharing the connection of Essential Oils as companions in life. She continues to study Peruvian Shamanic Healing Practices and enjoys sharing rituals from the Peruvian Tradition as a form of prayer. Therese holds a Master's of Education Degree from Northern Illinois University.

PROGRAM
FACILITATORS



Therese Yonikus