

## You Are Not Alone

Saturday, April 28, 9:30am-12:00pm



### Do you want to pray but words escape you? Does listening to God feel like an impossible task?

If you find it difficult to stay focused in the stillness of prayer, contemplative art practices offer an active approach to deep listening and discovery. Enjoy this morning of reflection where you will have the opportunity to explore your spirituality through the creation of a prayer shawl using fabric markers. We will use guided prayer and meditation as we move through the morning together, helping to set intentions and final blessings as we continue throughout the creation of the shawl. (Includes materials.)



**\$35 • Registration required by April 19.**

#### About the facilitator...

**Dessi Bushi** is the founder of From The Place, a ministry dedicated to helping women grow in their faith and build a vibrant relationship with the living God. She was born in Bulgaria (Eastern Europe) and moved to the United States when she was a teenager, settling in the northwest suburbs of Chicago. Dessi graduated from National Louis University, is certified in Spiritual Direction through the Christos Center for Spiritual Formation, and is a member of Spiritual Directors International. Dessi was a regular contributor to the “In Tune” newsletter published by Wheaton Bible Church, as well as assisting with women’s ministry programs. Dessi and her husband, Rev. Dr. John Bushi, are co-founders of Relief Net, a ministry providing Christian counseling and seminars to married couples.

PROGRAM  
FACILITATORS



Dessi Bushi