



Your Writing Journey Starts September 28!



INTRODUCING OUR NEW PRESENTER JOANNE NELSON

Joanne Nelson is the author of the collection, *My Neglected Gods*, and the memoir, *This Is How We Leave* (both from Vine Leaves Press). She won the Hal Prize in nonfiction, as well as other literary awards, and has contributed to Lake Effect on Milwaukee's NPR station.

Nelson leads retreats and gives presentations on mindfulness, writing, creativity, and the second half of life. Nelson holds an MFA from the Bennington Writing Seminars, an MSSW from the University of Wisconsin Madison, and is a certified meditation instructor.

Writing It True - ONLINE via ZOOM

Monday, September 28 (Six Sessions)
6:30 P.M. - 8:00 P.M.

Discover how to transform lived experience into powerful, resonant nonfiction.

This immersive program invites you to explore the heart and craft of writing memoir. Through a blend of instruction, generative writing, and guided revision you'll learn to shape compelling true stories.

Six sessions

Journaling The Inner Journey: Writing Towards Wholeness - ONLINE via ZOOM

Saturday, February 20, 2027
9:00 A.M. - 12:00 P.M.

Words have the power to uncover truths, heal wounds, and illuminate the path forward. Journaling the Inner Journey is a writing-focused retreat that invites you to engage in meaningful dialogue with your inner most self through reflective writing practices, mindfulness, and meditation.

Includes a 4 week small group on Monday evenings