

Summer Solstice

A Reflection on the Season of Light

by Christine Cianciosi

Summer Solstice is a time to reflect
on the Season of light.

Let us rise
with the east -

and come together in reflection
to share this connection

with the sun that gives light
and brings us life.

And during this longest day,
may our soul continue to grow

as we celebrate and dance
in praise of the summer days.

Let us give blessings for
nature's love and wisdom.

Remember to embrace the light -
it purifies and heals us
during this shortest night.

It all begins with you and me.

I AM the Season of light -
come celebrate this moment
the Summer Solstice night.