



LENTEN PROGRAMS

A Time for Reflecting

Register online at www.taucenter.org • 26W171 Roosevelt Road, Wheaton, IL

Centering Prayer: Awaken the Heart

Monday, March 11, 7:00-8:30pm

Facilitated by Laura Desmairis

Our heart, not our mind, is our organ for spiritual perception. Contemplation awakens our heart. This is a fruit of Centering Prayer. We experience a spaciousness in our heart. We begin to see with more clarity. We start to let go of old habits as we gain insight. Join us for Centering Prayer, a form of contemplation or meditation that has been practiced for centuries within the Christian tradition. It is simply a way to learn how to experience God as a loving presence within our lives.

\$10 • Register by noon on day of program

Journey in the Wilderness: A Morning of Reflection

Saturday, March 23, 9:00am-12:00pm

Facilitated by Sr. Glenna Czachor, OSF and Sharon Devo

Join us for a morning of creative reflection, as we connect with our wilderness heart this Lenten Season. In the midst of a chaotic and stressful world and busy lives full of details and demands, we often forget to pause, take a breath and contemplate the wonder and awe that is our "self". The Holy Season of Lent is an apt time to take that pause. Together we will engage in a quiet, contemplative process to take a deep, yet gentle, look at our Wilderness Journey and to reconnect with the Spirit of God that accompanies us on each and every step.

\$45 • Registration closes Tuesday, March 19 at noon

Lenten Series: What Has Wisdom Lent Us?

Thursday, March 28, 10:00am-12:00pm OR 7:00-9:00pm

Facilitated by Sr. Georgene Wilson, OSF

Holy Wisdom ("She who builds her house among us" - Prov. 7), sometimes breathes an unfamiliar teaching into our spiritual center, so as to awaken us to deeper insights. It is as though she lends us a new way of seeing... a new lens for beholding her always renewing home within us. In this Lenten session, we will explore some of what "lent" is to us using poetry from the ancient Sufi/mystic culture. We will slow down (lento) and use our time to ponder the question: What has Wisdom ("The breath of the power of God") lent me?

Register for morning or evening session by March 25.

\$15 • Program only (morning OR evening session)

\$35 • Program with private retreat room (available to 7:00pm)

Take some quiet time during the Lenten Season with a retreat day.

We invite you to spend a retreat day at Tau Center during Lent where you will have your own Quiet Room and enjoy our peaceful space for silent prayer or deepening of your spiritual life. Reconnect with yourself or God in quiet contemplation. Pray, meditate, reflect, relax, write, or find your inner-voice in the gentle ambiance. **Individuals and small groups are both welcome to spend time during this special time of year. Visit www.taucenter.org for details.**



"The desert and the parched land will be glad; the wilderness will rejoice and blossom." - Isaiah 35:1

LENTEN SERVICES

All are welcome to join the Wheaton Franciscan Community at Our Lady of the Angels Chapel at 26W171 Roosevelt Road, Wheaton, Illinois.

Sundays
10:00am Liturgy

Ash Wednesday
March 6, 8:30am Liturgy

Palm Sunday
April 14, 10:00am Liturgy

Holy Thursday
April 18, 7:00pm Liturgy

Good Friday
April 19, 7:00pm Liturgy

Holy Saturday
April 20, 7:00pm Liturgy

Easter Sunday
April 21, 10:00am Liturgy